



NEUTRAL SPACE RELAXATION®



TheRA and



IPHM

Accredited Courses

“The Relaxation Specialists”

Pricing Packages 2026

Option A Become a Relaxation Practitioner (4 Days)

1 Day Introduction to relaxation.

3 Day Practitioner Course. Plus Case Studies

Normal Fee

£745

Package Discount Fee

£650 (Saving £95)

Option B Achieve an Advanced Practitioner (7 Days)

1 Day Introduction to relaxation.

3 Day Practitioner Course.

3 Day Advanced Practitioner Course. Plus Case Studies

£1395

£1100 (Saving £295)

Option C Seek Facilitator of Relaxation Introduction. (7 Days)

1 Day Introduction to relaxation.

3 Day Practitioner Course. Plus Case Studies

2 Additional Introduction Days for Study/Review

1 Day Facilitator Course –Introduction Day

£1075

£845 (Saving £230)

Option D NSR Facilitator of Intro and Practitioner (17 Days)

1 Day Introduction to relaxation.

3 Day Practitioner Course. Plus Case Studies

2 Additional Introduction Days for Study/Review

1 Day Facilitator Course –Introduction Day

3 Day Advanced Practitioner Course. Plus Case Studies

2 Additional Practitioner Courses for Study/Review

1 Day Facilitator Course –Practitioner Course.

£2435

£1935 (saving £500)



To take full advantage of the discounts offered, all courses must be completed with a 12 month period of start date.

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